

NIDADE LOCAL DE SAÚDE ALMADA - SEIXAL



Attitudes Toward Community Service Among Health Sciences Students: A Cross-Sectional Study at Egas Moniz School of Health & Science

<u>Sónia Vicente</u>¹, Ângela Maria Pereira^{1,2}, Ana Cristina Vidal^{1,2} & Cláudia Maria Costa³

¹Egas Moniz Center for Interdisciplinary Research (CiiEM); Egas Moniz School of Health & Science, 2829-511 Caparica, Almada, Portugal ²Hospital Garcia de Orta, Unidade Local de Saúde Almada Seixal, Almada, Portugal ³ Escola Superior de Saúde Atlântica, Barcarena, Portugal

INTRODUCTION

Higher education institutions (HEIs) are increasingly expected to go beyond teaching and research to actively engage with societal challenges [1,2]. In Portugal, this shift has gained prominence through initiatives such as the Observatory for Social Responsibility and Higher Education Institutions

METHODS

CSAS SCALE



Perception of Need Reassessment

DISCUSSION

This study shows programme-specific differences in students' attitudes toward community service, reinforcing the role of **course context** and institutional culture in shaping civic engagement [1,].

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(ORSIES), which has established a strategic framework of 34 Social Responsibility (SR) indicators across four dimensions and developmental levels ranging from initial awareness to monitoring and innovation [3,4]. Within this framework, University Social Responsibility (USR) is essential, particularly in health sciences education, where institutions are urged to align their efforts with community health priorities [1,4,5].

Despite the recognized benefits of USR in fostering civic engagement and key competencies [1], student awareness and participation remain limited [1,4]. For instance, nearly half of students in one study were unaware of USR in their institutions [1]. Recent data shows a modest improvement in SR implementation across Portuguese HEIs, with the average score rising from 2.36 to 2.55 (on a 1–4 scale) between 2020/21 and 2021/22 [4]. While lifelong learning stands out as a strength (3.63), areas like *alumni relations* (1.67) and *environmental* education (1.69) continue to face significant challenges [4]. Nonetheless, there is a pressing understanding, need for deeper stronger institutional commitment, and more inclusive stakeholder engagement in advancing USR across Portuguese HEIs [3]. Additionally, research still lacks robust tools to assess how these initiatives influence student attitudes—an important area, given students' future roles as socially responsible professionals [6,7].





Engagement in **Moral Obligation** Helping NORMS **INTENTION TO EMPATHY** INVOLVE



- No significant gender differences were found, aligning with prior studies showing **mixed results** on gender and USR attitudes [1,7,].
- Students from **Dental Medicine** and **Physiotherapy** reported more prior community work experience than peers in other programmes. This may relate to the **clinical nature and early patient interaction** in these fields, suggesting that curriculum structure and proximity to real-world practice foster engagement [1,9].
- **Pharmacy students** reported higher levels of Ability, Connectedness, and Norms, likely due to advanced-stage students' stronger professional identity.
- Medicine students reported greater Dental perceived *Benefits* than Physiotherapy students.
- **Professional identity development** and **curricular** exposure to community roles may influence civic

PURPOSE

The aim of this study is to evaluate higher health students' attitudes toward community service within higher sciences education

Pharmacy 28 2-4x/yea 13.8 % 2-4x/year Nursing 13 Biomedical 14 Monthly 6.6% Lab Scienc. Number of Students Weekly 4.3 % Not applicable \otimes 75.2 %

COMMUNITY WORK FREQUENCY PER EDUCATIONAL CYCLE COURSE DOCTORATE Biomedical Lab Scienc. **Dental Medicine** MASTER Design Nursing Pharmacv Not applicable

Community Service Attitudes Scale X Course

Scale Dimension	Pharmacy	Biomedical Lab Sciences	Dental Medicine	Physiotherapy	Psychology

attitudes, supporting literature linking disciplinary focus to social responsibility engagement [1].

CONCLUSION

- **Positive signs** of student engagement in community service and social responsibility were observed.
- **Institutional efforts** are promoting awareness and shaping constructive attitudes.
- **Programme differences** reveal the need for a more **cohesive and integrated USR approach**.
- Emphasizing experiential critical learning, reflection, and interdisciplinary opportunities can strengthen USR in the curriculum.
- The university is well positioned to lead in **social** transformation and generate lasting community

PARTICIPANTS



Ľ۵ 20.7 ± 4.5 years **Students Programme** 87.5% Bachelor students

> **Gender Distribution** 74.5% Female; 25.5% Male

> > REFERENCES

Ability Higher Lower Lower Connectedness Higher Lower Lower Higher Norms Lower Lower Lower Lower Higher Benefits Lower

impact.

Future research should expand sample diversity include **comparative studies** and across institutions for broader insight.

ACKNOWLEDGMENTS

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CONTACT DETAILS

SVICENTE@EGASMONIZ.EDU.PT

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0.2%

12.3%

87.5%

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